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### **Nutrition – Dining Site Volunteer**

Are you looking to provide warm meals along with a warm smile to the older adults in our community? Volunteering in the dining site helps our older adults stay independent by giving them access to nutritious and balanced food. Join our dining site team to serve older delicious meals and provide a space for older adults to socialize!

#### **Responsibilities:**

- Assist with set-up of the dining space and food, and serve lunch to participants.
- Assist with cleaning up the dining site, as well as cleaning the kitchen area based on our training procedures.
- Eat with and socialize with our older adults while working at the dining site.

#### **Commitment:**

- 9:30 AM – 12:30 PM, Monday–Wednesday, and Friday. Volunteers are able to select shifts that fit their schedule.
- Minimum 1-year commitment.

#### **Requirements:**

- Possess great communication and listening skills, as well the ability to make visitors feel welcome within the dining site.
- Show empathy and understanding when working with older adults, and ability to maintain confidentiality.
- Able to follow food preparation and cleaning procedures.
- Must pass a criminal background and personal references check.

#### **Benefits:**

- One day before your volunteer shift, you are allowed to order a free meal.
- Recognition at our Annual Volunteer Recognition Celebration.
- If you are over age 55, also an opportunity to affiliate with the Retired Senior Volunteer Program of Dane County (RSVP).

NESCO does not discriminate on the basis of age, race, ethnicity, religion, color, gender, physical handicap, marital status, national origin or ancestry, cultural differences, physical appearance, sexual orientation, arrest or conviction record, income level or source of income, student status, political beliefs, military participation or membership in the national guard, state defense force, or any other reserve component of the military forces of the United States, or less than honorable discharge.