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Programs – Sassy Steppers Volunteer Instructor

Share your passion for dance with older adults who want to keep active and socialize with other like-minded members! Dance is an excellent medium to stay healthy, interact with others, and express oneself, and this can be an opportunity to flex your dance knowledge. Help provide a fun, convenient, and safe environment as our dance instructor!

Responsibilities:

- Select a variety of appropriate music, and then tie those music selections to dance choreography.
- Lead dance group by preparing lesson plans and teaching those plans to the group.
- Set up and take down dancing space for your dancing sessions.
- Organize outside dancing opportunities and shows for the dance group.
- Complete any administrative work related to prepping dancing sessions.

Commitment:

- 4 PM – 5 PM, every Monday.
- Minimum 1-year commitment.

Requirements:

- Knowledge and ability to teach beginning level Jazz, Modern, Contemporary, Tap, Pom, and/or Hip-Hop.
 - Degree or training in dance preferred.
- Possess good communication and listening skills, as well as good organizational skills.
- Comfortable leading groups and interested in building relationships with older adults.
- Show empathy and understanding when working with senior adults, and ability to maintain confidentiality.
- Must pass a criminal background and personal references check.

Benefits:

- Recognition at our Annual Volunteer Recognition Celebration.
- If you are over age 55, also an opportunity to affiliate with the Retired Senior Volunteer Program of Dane County (RSVP).

NESCO does not discriminate on the basis of age, race, ethnicity, religion, color, gender, physical handicap, marital status, national origin or ancestry, cultural differences, physical appearance, sexual orientation, arrest or conviction record, income level or source of income, student status, political beliefs, military participation or membership in the national guard, state defense force, or any other reserve component of the military forces of the United States, or less than honorable discharge.