



“Cognition: What is it and Why is it Important?”

Hosted By: Madison Senior Center

Madison Senior Center
Tuesday, August 28th, 2018
1:00 pm at 330 W. Mifflin St.
Free and Open to the Public

Lisa Bratzke

Associate Professor
School of Nursing

Lisa Bratzke studies cognitive impairment of patients with coronary heart disease, who, according to health data, suffer from concentration or memory difficulties. With coronary heart disease on the rise: 40 percent of the U.S. population is projected to have some form of it by 2030. She is examining ways to slow deteriorating cognitive function in this population, thereby improving quality of life for individuals with chronic heart failure.



Cognition: What is it and Why is it Important?
In this talk, Lisa Bratzke explains the brain and the ways it helps us process the world around us. She will discuss the importance of maintaining cognitive health, accelerated cognitive aging, mild cognitive impairment and dementia. In addition to her own research, she will share other current information to give a holistic view on this topic.

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